

16 May 2019

Filta Group Holdings plc
("Filta" or the "Company")

Awards of share options and stock appreciation rights

Filta Group Holdings plc (AIM: FLTA), a leading provider of fryer management, grease management solutions and other services to commercial kitchens, announces that share options have been granted to certain persons discharging managerial responsibilities ("**PDMRs**") and employees under the Company's existing Share Option Scheme (being the 2017 Filta Group Holdings EMI Scheme). Furthermore, the Company has granted certain PDMRs and employees stock appreciation rights ("**SARs**") under the Company's existing SAR Plan (being the 2017 Filta Group Inc Stock Appreciation Rights Plan).

The options have an exercise price of 230 pence per share and will vest over a period of 3 years from 2021 to 2023, subject to the satisfaction of both time and certain performance conditions relating to annual profit growth over defined targets and are exercisable at any time after vesting for a period of 10 years from 15 May 2019. The Company has a total of 1,292,500 options over ordinary shares outstanding, representing approximately 4.45% of the Company's current issued share capital. The total consists of 50,000 vested and 1,242,500 unvested options.

The Company has granted options to the following PDMRs:

PDMR	No of options
Harriet Morley	60,000
Alastair Anderson	10,000

In addition, Harriet Palin, a PCA of Edward Palin (Managing Director), has been awarded 7,500 options.

Under the 2017 Filta Group Inc Stock Appreciation Rights Plan, the SARs are structured as conditional cash bonuses whose value will be calculated by reference to the amount by which the price of the Company's ordinary shares has risen above the base price of 230 pence at the date of exercise.

The Company has issued a total of 110,000 SARs which include the following PDMRs:

PDMR	No of SARs
Brian Hogan	30,000
Tom Dunn	30,000

Rob Totten	20,000
Annalisa Bhim	10,000

The vesting period and conditions for the SARs scheme are identical to those for the 2017 Filta Group Holdings EMI Scheme. The Company has a total of 607,500 SARs outstanding of which 110,000 have vested and 497,500 remain unvested.

For further information:

Filta Group Holdings plc

Jason Sayers, Chief Executive Officer +1 407 996 5550
 Brian Hogan, Chief Financial Officer

Cenkos Securities

Stephen Keys, Harry Hargreaves 020 7397 8900

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name:	Harriet Morley	
2	Reason for the notification		
a)	Position/Status:	PDMR (Group Head of Finance)	
b)	Initial Notification/Amendment:	Initial Notification	
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor		
a)	Name:	Filta Group Holdings plc	
b)	LEI:	2138006C7GROHSV29B25	
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.		
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51	
b)	Nature of the transaction:	Grant of options over ordinary shares	
c)	Price(s) and volume(s):	Price(s)	Volume(s)

		Nil	60,000
d)	Aggregated volume: Price:	60,000 Nil	
e)	Date of the Transaction:	15 May 2019	
f)	Place of the Transaction:	Outside trading venue	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name:	Alastair Anderson	
2	Reason for the notification		
a)	Position/Status:	PDMR (Sales, UK operations)	
b)	Initial Notification/Amendment:	Initial Notification	
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor		
a)	Name:	Filta Group Holdings plc	
b)	LEI:	2138006C7GROHSV29B25	
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.		
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51	
b)	Nature of the transaction:	Grant of options over ordinary shares	
c)	Price(s) and volume(s):	Price(s)	Volume(s)
		Nil	10,000
d)	Aggregated volume: Price:	10,000 Nil	

e)	Date of the Transaction:	15 May 2019
f)	Place of the Transaction:	Outside trading venue

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Harriett Palin
2	Reason for the notification	
a)	Position/Status:	PCA of Edward Palin (Managing Director, UK operations)
b)	Initial Notification/Amendment:	Initial Notification
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor	
a)	Name:	Filta Group Holdings plc
b)	LEI:	2138006C7GROHSV29B25
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.	
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51
b)	Nature of the transaction:	Grant of options over ordinary shares
c)	Price(s) and volume(s):	Price(s)
		Volume(s)
		Nil
		7,500
d)	Aggregated volume: Price:	7,500 Nil
e)	Date of the Transaction:	15 May 2019
f)	Place of the Transaction:	Outside trading venue