

18 November 2019

Filta Group Holdings plc
("Filta" or the "Company")

Awards of share options

Filta Group Holdings plc (AIM: FLTA), a leading provider of fryer management, grease management solutions and other services to commercial kitchens, announces that share options have been granted to certain person discharging managerial responsibilities ("**PDMRs**") and employees under the Company's existing Share Option Scheme (being the 2017 Filta Group Holdings EMI Scheme). Furthermore, the Company has granted employees stock appreciation rights ("**SARs**") under the Company's existing SAR Plan (being the 2017 Filta Group Inc Stock Appreciation Rights Plan).

The options have an exercise price of 146 pence per share and will vest over a period of 4 years from 2021 to 2024, subject to the satisfaction of both time and certain performance conditions relating to annual profit growth over defined targets. The options are exercisable any time after vesting for a period of 10 years from 18 November 2019. The Company has a total of 1,340,000 options over ordinary shares outstanding, representing approximately 4.61% of the Company's current issued share capital. The total consists of 25,000 vested and 1,315,000 unvested options.

The Company has granted options to the following PDMRs:

PDMR	No of options
Julie Sutton	45,000

Under the 2017 Filta Group Inc Stock Appreciation Rights Plan, the SARs are structured as conditional cash bonuses whose value will be calculated by reference to the amount by which the price of the Company's ordinary shares has risen above the base price of 146 pence at the date of exercise. The vesting period and conditions for the SARs scheme are identical to those for the 2017 Filta Group Holdings EMI Scheme. The Company has a total of 600,000 SARs outstanding of which 87,500 have vested and 512,500 remain unvested.

For further information:

Filta Group Holdings plc

Jason Sayers, Chief Executive Officer +1 407 996 5550
Brian Hogan, Chief Financial Officer

Cenkos Securities

Stephen Keys, Harry Hargreaves

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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name:	Julie Sutton	
2	Reason for the notification		
a)	Position/Status:	PDMR (Director of Operations)	
b)	Initial Notification/Amendment:	Initial Notification	
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor		
a)	Name:	Filta Group Holdings plc	
b)	LEI:	2138006C7GROHSV29B25	
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.		
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51	
b)	Nature of the transaction:	Grant of options over ordinary shares	
c)	Price(s) and volume(s):	Price(s)	Volume(s)
		Nil	45,000
d)	Aggregated volume: Price:	45,000 Nil	
e)	Date of the Transaction:	18 November 2019	
f)	Place of the Transaction:	Outside trading venue	